

# Teacher Well-Being Support

Seeing your students making progress is rewarding.

Making a difference to how a pupil sees himself or herself is fantastic.

Supporting families to bring out the best in their children can be life changing.

Teaching is an amazing job.

Sadly, many teachers are leaving the profession.

If you love your job, but feel like you need some support, why not invest in yourself and contact us.

We can offer support and advice, completely confidentially, to teachers and leaders at any stage in their career.

Let us help you explore your thinking, prioritise your workload, plan out career pathways and find some time for you to recharge your batteries.

Put yourself first, if you are not working at your best, you cannot help others to work at theirs.

Support can take place face to face, on the telephone or via SKYPE.

**Contact Noo Thinking for a no obligation, initial, exploratory conversation.**

**020 8123 9277**

**[www.noothinking.co.uk](http://www.noothinking.co.uk)**

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Nicole Godetz runs Noo Thinking. Nicole was an executive head teacher, but now runs her own consultancy company. Nicole works with individuals, schools, businesses and organisations, supporting the implementation of effective work and change management processes. She is an experienced consultant, trainer, coach, mentor and mediator. She has supported staff at all levels, and is well placed to help colleagues in schools.

