

Career Coaching for Young People

"Find a job!"

"But what job?"

"Tried working, but it didn't work for me!"

"I don't know what I want to do!"

"Do we have a choice? You just have to take a job, don't you?"

"I know what I want to do, but I need help"

"I have a job, but I'm not happy. Can I change?"

Any of these sound familiar?

Have you ever spent time really thinking about what you could do?

Our coaching programmes provide time for young people to stop and think about themselves and explore their own strengths, areas for development and successes, and use these to plan career choices and ambitions; all in a safe and constructive environment. We create the safe space to think honestly and plan what's right for each person, one step at a time.

This programme works as individual 1:1 sessions or with small groups.

Contact Noo Thinking

"A dream is just a goal with out a plan!"

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Noo Thinking is an experienced consultancy company who work with individuals, schools, businesses and organisations, supporting the implementation of effective work and change management processes. They offer experienced consultants, coaches, mentors, trainers and mediators. Noo Thinking is particularly focussed on improving the opportunities for young people.

Feedback received from training delivered by Noo Thinking: "The day met all the outlines mentioned in the beginning of the morning. The trainer was very engaging and encouraged a lot of reflective thinking!"

